



Educational Tool for Hours of Service (ETHOS)

ETHOS Detailed Instructions*

This document will walk through how to record events in the ETHOS, which helps motor carriers and drivers better understand the hours of service (HOS) regulations and whether or not there may be a violation.

To learn whether or not there may be a violation:

- Select the event date
- Then, select the time a duty status began
- Finally, select the duty status (off duty, sleeper berth, driving, on duty not driving) and click “Add Event”
- This will put a point on the log at the time a particular duty status began
- To add other duty statuses, repeat the first three steps to complete the log
- If the log spans several days, there is a date drop-down next to the “Clear All Events” button where users can jump to a different date
- Below the log, select carrier type (Property or Passenger)
- Possible violations will appear on the log with an “x” and below the log in a table describing the violation(s)
- If an error is made, duty statuses may be deleted by using the table below the log
- Users may also use the drop-down above the log to select examples with and without violations
- To clear the log, use the “Clear All Events” button
- Users may have the ability to zoom in and out of the log depending on the browser that is used

*This Educational Tool for Hours of Service (ETHOS) is for educational purposes only and is designed to assist motor carriers in understanding the hours of service rules in 49 CFR part 395. The ETHOS identifies only potential violations, and should not be relied on by motor carriers to monitor or evaluate hours of service compliance. FMCSA does not retain any data entered in this application, and will not use the data entered for any purpose. The information provided by using the ETHOS is not a communication from FMCSA, guidance, advisory opinion, pre-enforcement ruling, or other interpretation or application of law. Use of this ETHOS does not preclude enforcement or other actions by FMCSA based on violations discovered during roadside inspections, compliance reviews, or other inspections and investigations.

LEARN MORE | <https://www.fmcsa.dot.gov/regulations/hours-service/hours-service-drivers-final-rule>

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